

# BYRON BEACH abodes

## **In-House Luxury Spa Experience with Aleshia Marie**

The team at Aleshia Marie welcome you to receive the ultimate spa experience delivered to your doorstep, providing seclusion, exclusivity & luxury. Upon arrival you will be greeted with a plush robe & welcome beverage to enjoy prior to your treatment. It is the team's detailed attention to the subtle qualities that creates an idyllic space allowing one to truly receive a profoundly nurturing & therapeutic experience. The team specialise in creating customised spa journeys, each treatment is carefully tailored to align with your presenting conditions & spa desires whilst delivering results driven therapy & providing a deep sense of relaxation. These bespoke spa therapies evoke a delicate surrender of the senses & offer a sacred space where the concept of time and thought is suspended, creating a world within a world. Your spa experience is complete with organic truffle chocolates & your chosen blend of naturopathically blended herbal tea.

***Please note that our minimum call out is 90 minutes and all prices are per person.***

### **Signature Retreat Package**

Your ultimate spa experience begins with a customised full body exfoliation to smooth and promote detoxification followed by a warming body cocoon to restore and nourish. Continue your spa journey with a therapeutic full body massage designed to alleviate deep seated muscular tension & promote a deep sense of relaxation. Break for a refreshment & a moment of stillness. Your spa day is complete with a classic facial, complete pedicure & manicure tidy. Surrender the senses. **5 hours - \$620**

### **A Mother's Love**

Begin your spa journey with a decadent coconut cream, fresh rose & aromatic salt foot bath whilst being treated to a nourishing exfoliation of citrus & vanilla. Continue your spa therapy with a full body pregnancy massage carefully tailored to deliver a serene & nurturing experience for you & your baby. Conclude your ceremonious ritual with an MV Organic Skincare facial featuring a moisture rich scalp & hair treatment. Nurture new life.

**2 hours - \$275**

### **A Serene Celebration for Two**

Take time for two & begin your spa therapy with a heated stone full body massage featuring long, rhythmical Hawaiian bodywork strokes of the body. Therapeutic basalt stones are used in combination as placement stones to penetrate deep into the belly of the muscles & as an extension of the therapists hands to alleviate deep seated muscular tension & deliver a truly mind melting experience. Further melt with a deep release scalp, hand & foot massage. Celebrate love. **2 hours - \$265**

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## The Luxe

Commence your spa therapy with a soothing back, neck & shoulder massage using your chosen aromatic oil blend. Continue with a customised Radiance facial tailored to deliver a results driven treatment whilst indulging the senses. Conclude your spa journey with a luxurious foot ritual including a complete pedicure & paint. Immerse yourself in luxury.

**2 hours 30 minutes - \$325**

### Massage Therapy

**Relaxation or Deep Tissue** – During a consultation we tailor your treatment to accommodate to your current state of health and wellbeing. **90 minute - \$190**

**Pregnancy Massage** – We offer pregnancy massage after the first trimester of pregnancy. Each massage is tailored to address your presenting concerns and deliver a deep sense of peace and relaxation for you and your baby. **90 minute - \$195**

**Zen Thai Shiatsu** – A unique therapy founded by Gwyn Williams, incorporating a blend of Chinese medicine principals, Thai massage, shiatsu and osteopathic techniques. The treatment is performed fully clothed in linen pajamas on a thick massage mattress. The treatment features long deep stretching, gentle rocking, joint mobilization and meridian and acupressure work. Cupping and moxibustion therapy may be added to your treatment depending on presenting conditions. **90 minute - \$190**

**Heated Stone Massage** – Warm stones are used in combination as placement stones to deeply penetrate into the belly of the muscles and as an extension of the therapist's hands to massage with. This therapy offers a grounding and deeply relaxing effect on the body whilst alleviating deep seated muscular tension. **90 minute - \$220**

**Ka Huna Body Work** – A traditional Hawaiian temple massage featuring long rhythmic strokes of the body. Its unique features are characterized by underbody work which offers a floating like sensation, gentle stretching and breath work. The treatment delivers a profoundly nurturing yet deeply therapeutic effect especially on the central nervous and lymphatic system **90 minute - \$215**

### Facials

After a thorough skin analysis, products will be selected to provide the skin with a results targeted treatment. A combination of connective tissue, lymphatic drainage and pressure point techniques are used throughout the treatment to stimulate, decongest and improve the skin's overall complexion. We work from the heart up in our facials, all featuring a décolletage, arm, shoulder, neck & scalp massage. A truly mind-melting experience.

**Classic 60 minute Facial - \$150, Signature 90 minute Facial - \$210**

### Finishing touches

*\*available only as an add on together with Facials*

Eye Brow Shape | **\$25**

Eye Lash Tint | **\$30**

Eye Brow Tint | **\$15**

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**Hand and Foot Therapy**

**Foot Ritual**

Commence with a warmed coconut cream, rose petal & aromatic salt foot soak followed by an exfoliating polish of crushed citrus & vanilla. Lay comfortably whilst feet are treated to a nourishing foot massage using heated basalt stones. Finish with a complete pedicure. **75 Minutes – \$145**

**Classic Manicure**

Begin with an enzyme compress hand exfoliation, complete nail work and an intensive hand treatment. Complete with a Butter London Patent 10x Polish. **60 Minutes – \$115**

**Add Bio Sculpture Evo Gel | \$30**

**Maintenance Pedicure**

Callus removal, complete nail work, moisture treatment, buff & shine. **30 minutes - \$65**

**Maintenance Manicure**

Complete nail work, moisture treatment, buff & shine. **30 minutes - \$65**

*\*Maintenance manicure and pedicure are available only as an add on together with other treatments*

**Spa etiquette and what to expect**

*Upon your booking Aleshia will discuss specific requests you may have to create a package that is unique to you and one that embodies your most luxurious spa desires. Aleshia will arrive 30 minutes prior to your treatment time, to allow adequate time for you to fill in a wellness profile, change into your robe and enjoy refreshment. Please note that there is a 48-hour cancellation policy, and all bookings cancelled within this time frame will be subject to a cancellation fee of 50% of the treatment cost. Appointments cancelled without any advance notice will be charged in full.*